

## Coconut Cream Filling

### Ingredients:

½ gallon	Assorted bite-sized fruit
1 can	Coconut milk, full fat, chilled
1 teaspoon	Vanilla



### Method:

- Remove solid coconut cream from the can. Throw away the remaining liquid.
- In a stand mixer using the whisk attachment, add the solid coconut cream and vanilla extract.
- Whip on medium-high until light and fluffy or 5-7 minutes.
- Remove from stand mixer and fold fruit into whipped coconut cream.

### Nutritional Information:

Servings: 20 | Serving size: 2 Tablespoons | Calories: 130 | Fat: 6 grams  
Sodium: 100 milligrams | Carbohydrates: 17 grams | Protein: 3 grams | Fiber: 1 gram