



*Hilton Head Health*



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FOR IMMEDIATE RELEASE

**SPA Magazine's Annual Silver Sage Readers' Choice Awards  
Names Hilton Head Health as Favorite Affordable Spa**

**HILTON HEAD ISLAND, SC (Oct. 5, 2009)** – Hilton Head Health has been named as a Silver Sage Readers' Choice winner in the category of Favorite Affordable Spa. This is the third consecutive year that Hilton Head Health has been honored with this award.

More than 100,000 votes were cast this year for *SPA* magazine's third annual Silver Sage Readers' Choice Awards. The November/December 2009 issue of *SPA*, available on newsstands and in bookstores nationwide October 20, will highlight these spectacular spas.

According to Hilton Head Health President Robert Moore, "Many of our guests comment that the individualized experience we offer here is priceless and has lasting, life-changing effects. We are pleased the public has honored our staff and program by recognizing the real value we bring to each guest. We encourage and welcome all to the affordable Hilton Head Health experience."

**About Hilton Head Health:**

For over 30 years, Hilton Head Health has been recognized as the premier weight loss and health resort in the United States. Voted as "Best for Weight Loss" for the past two consecutive years by SpaFinder and "Top 5 US Health Spas" by Lisa Drayer on the *Today Show*, Hilton Head Health is an exclusive resort delivering individualized experiences in fitness, nutrition and SELF (Stress management, Empowerment, Longevity, Fulfillment). For more information, please visit [www.hhhealth.com](http://www.hhhealth.com) or call 800-292-2440.

**About SPA Magazine:**

For more than 13 years, *Spa* magazine has offered readers a personal connection to the beauty, health, and wellness secrets of the world's hottest spas. *Spa* publishes six bimonthly editions plus the award-winning *Spa Worldwide Guide* annual directory. Check out *Spa* online at [www.spamagazine.com](http://www.spamagazine.com).

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